

DIRECTIONS

- 1. Pour the half and half into a small pan and allow to warm up without reaching a boil.
- Meanwhile, place the eggs, sugar and vanilla in a separate pan. Wisk until well blended. Add sifted flour and continue to whisk until creamy and smooth.
- 3. Add 1/3 of the warm milk to the egg mixture while stirring constantly until fully mixed. Repeat this step 2 more times so that all the milk is incorporated.
- 4. Place pan on a burner on low heat, stirring the entire time to avoid sticking and formation of lumps.
- 5. Bring to a gentle boil and cook a minute or two, just until the cream thickens.
- 6. Remove pan from stove and pour half into a glass bowl. Immediately cover with plastic wrap (sticking to the top of the cream) to avoid the formation of a "dry skin".
- 7. Pour the other half of the cream in a second bowl.

 Add the chocolate chips while still hot and whisk
 until melted and absorbed. If you like your chocolate
 cream darker, you may add a few more chips.



Italian Icebox Cake

INGREDIENTS

- 1 box of graham crackers (3 sleeves per box)
- Italian custard cream, vanilla and chocolate
- Whipped cream
- OPTIONAL: Sliced bananas, strawberries. blueberries. etc.

For the cream:

- 1 quart half and half (whole milk can be substituted)
- 4 eggs
- ¾ c sugar
- 1 ¼ c flour
- 1 tsp vanilla extract
- 4 oz mini dark chocolate chips



NONNA'S TIPS

- You can substitute the Italian custard with instant pudding of your choice.
- To make this version of the cake, cut strawberries into quarters and form the stripes of the flag. Use blueberries as the stars of the flag.
- This type of cake can be adapted to the event. Decorate it appropriately. Make this cake a day ahead for best results.





Italian Icebox Cake

DIRECTIONS (CONT.)

To Assemble:

- 1. Use one sleeve of graham crackers to form a single layer at the bottom of a 9x13 glass pan. You may need to break some crackers to fill in the gaps.
- 2. Add the vanilla cream and spread evenly over crackers.
- 3. If you choose to add fresh fruit, place it evenly at this time.
- 4. Layer one more sleeve of graham crackers over the vanilla cream.
- 5. Add the chocolate cream and spread evenly.
- 6. Use the last sleeve of crackers to cover the chocolate cream.
- 7. Cover the entire top with Whipped Cream (or Cool Whip).
- 8. Decorate as you like by adding Maraschino cherries, sprinkles, chocolate chips, etc.
- 9. Cover with plastic wrap and refrigerate overnight or for at least 10 hours.